

ISHP Newsletter

Volume 25 #3

August 2015

**Idaho Society of
Health-System
Pharmacists**
Newsletter Volume 25 # 3



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President's Message

Closing remarks from your President

Debbie Rothstein



Your officers, Board of Directors and committee members spent this year changing how ISHP operates. Updated job descriptions and committee structures soon will be posted on our website. You can make informed decisions about where best to offer your talents and volunteer hours. Current ISHP Bylaws will also be posted as well as our strategic goals.

There are two membership dues cycles that match our two major CE programs. Whether you sign up as members or renew in March/April or August/September, you receive a full year of active membership. The fall billing cycle starts this month on the ISHP website. Money collected as membership dues offsets office maintenance expenses. Ryan Fitzgerald is our new Executive Director; and through his company, The Vizcaya Group, he now provides ISHP office services.

A certified Public Accountant reviewed our books prior to the transition from Association Management Solutions to The Vizcaya Group. He recommended a few changes in our accounting practices in terms of budget preparation and itemization for greater reporting clarity of revenue and expenses to our membership. We are working on their incorporation into our financial recordkeeping.

Jim Nuygen is our new IT Committee chair. He transitions into this role as Rob Wills turns his focus to writing the monthly news-in-brief updates. The IT Committee houses our website, email, and social media accounts. We are updating our Wild Apricot website with Jim's and Ryan's assistance. In addition to a membership dues link the website will include links to sponsor pharmacy students and/or technicians at our CE programs, there is a new link entitled *LearningExpress* for continuing education events.

(Continued on page 2)

2014 – 2015 ISHP Officers and Directors:

President:

Debbie Rothstein

President-elect:

Chris Oswald

Past President:

Angela Melbihess

Secretary/Treasurer:

Dawn Berheim

Administrative Affairs:

Scott Milner

Education:

Brandon Griffith

Programs:

Lindsay Kaster

Legal & Public:

John Sullivan

Professional Affairs:

Josh Ingram

Student Representatives (2015-16):

Meridian - Dustin Stacey

Pocatello – Sarah Iannacone

Technician Representative:

Megan Echevarria

Executive Director:

Ryan Fitzgerald

(President's Message – continued from page 1)

Our subscription to *LearningExpress* not only provides a new way to register for ISHP CE events, it also replaces the colored paper topic evaluations passed out during the programs and collected each hour. Your CE credits can be claimed online after completing the conference evaluations within the allotted time. Your claimed credits will automatically stream to CPE Monitor. Our Needs Assessment and speaker evaluations will also be completed electronically. Yippee!

Volunteerism is up (!) as you saw on your recent slate of new officer and Director Ballot. There will not be write-in candidates on our ballots. We have a Bylaws change proposal to restructure the ASHP Delegate voting process. We are asking for a two year commitment with one delegate position being voted on each year. This building of experience will serve to strengthen our voice in the House of Delegates. Read more about the promising practice pearl shared by our delegates at the summer ASHP convention in this newsletter.

ISHP held its first area Directors of Pharmacy discussion session in Boise this summer. Topics of concern included product track and trace and proposed changes to 340B contracts. Lively discussions, excellent exchanges of ideas, and positive DOP feedback resulted in the decision to host and expand these sessions into the future.

Check out our ISHP table at the Fall Convention!

It has been my pleasure to serve our members and work with this Board.

Debbie

***The mission of ISHP
is to promote the highest levels
of pharmacy practice by our members***



ISHP Fall Meeting

September 25, 26, 27th, 2015

Sun Valley, Idaho



ASHP House of Delegates



Idaho representatives for the **ASHP House of Delegates**, Elizabeth Thompson and Michael Dickens attended the ASHP 2015 Summer Meetings and Exhibition in Denver, Colorado, in June. The ASHP House of Delegates serves as the policy making body of ASHP. Elected delegates serve a 2-year term and both Elizabeth and Mike are first-time/first-year Delegates. Each caught on quickly during official meetings and caucuses providing great representation for the pharmacy profession. Of note, Mike was able to file a recommendation to the House in asking for consideration [in 2016] for an official policy to be drafted by ASHP for “*Criteria for Use of Medications with Abuse Potential*,” recognizing that abuse of prescription medications is a national problem. This recommendation was done in association with the Texas delegates, and is a commendable idea worth supporting. For more information on the ASHP House of Delegates, the role of the delegate, the policy making process, or other activities, please go to the ASHP Delegate Webpage:

<http://www.ashp.org/menu/PracticePolicy/HOD>

The next year’s ASHP 2016 Summer Meeting and Exhibition (June 11 – June 15) will be in Baltimore, MD.



IDAHO PHARMACY RESEARCH and EDUCATION FOUNDATION

Angela Melbihess
ISHP Immediate-Past President

Summer is coming to a close and we are getting closer to the wonderful fall weather. This time of year, means we are close to the ISHP Fall Meeting and visiting Sun Valley, Idaho. The Idaho Pharmacy Research and Education Foundation (IPREF) is ever present at the fall meeting with fun activities. In the past, we have held Casino Night and had various raffle items. This year, we are looking into new activities. Stay tuned for more information and ways to participate at the Fall Meeting. The other two ways to participate with the Idaho Pharmacy Research and Education Foundation are to apply for a research grant, or support the foundation with your donations. IPREF will be doing a call for research and educational grants. If you are looking for funding for a project, be sure to apply. We are currently in the process of developing an application form to ease the process. By supporting the Foundation financially, you will help ensure that Idaho patients enjoy optimal drug therapy and know that their pharmacists are a vital part of quality health care in Idaho. For more information about IPREF or to make a tax-deductible donation to the foundation, visit the "Donate to IPREF" tab on the website homepage. You can also contact me or Ryan Fitzgerald, ISHP Executive Director.

Angela

Join the Excitement – Volunteer with ISHP!

Chris Oswald
ISHP President-elect

Greetings Members!



As your incoming president, I would like to take this time to let you know how excited I am for the upcoming year and honored to have been chosen by you to lead our organization. It is a great time to be a member of ISHP as we look towards the future, continuing to strengthen our current initiatives as well as expand opportunities to help us grow both as an organization as well as the pharmacy profession in Idaho. Some examples of our recent organization successes include a round table discussion for pharmacy directors and leaders, the development of workshops during our educational conferences, and the continued work to move Idaho forward in ASHP's Pharmacy Practice Model Initiative (PPMI). In addition, as mentioned previously, we are moving forward to better utilize technology for CE credit tracking and minimize the amount of paper used during our conferences. These advancements, in addition to several other projects in the works, could not have been done without the help of our many volunteers. Volunteer work is essential to the success of many organizations, including ISHP, in order for to help further its mission and continue to grow and succeed. Volunteering within ISHP is accomplished a variety of ways, most commonly through committee work and we are always looking for more volunteers. Our current committees looking for volunteers include Administrative Affairs, Education and Programming, Finance, Industry Relations, Information Technology, Legal and Public Affairs, Professional Affairs, and Technician Affairs. And, while I know we all have busy personal and professional lives, I would like to say that I appreciate and respect everyone's time they have and continue to put towards ISHP. We are strong professional organization both for our members and because of our members. If you would like to volunteer, please contact either myself at oswaldcj@sarmc.org or the main ISHP account at ishpmail@gmail.com and you will be connected with the appropriate board member.

Chris

Technician's Corner

Hello, fellow ISHP technicians!

I would like to thank those of you who offered topic ideas for the presentations this year's pharmacy residents will be giving to the technicians at the fall meeting. It was wonderful to have so many of you share your questions and ideas. Now we will all be able to learn about topics that are tailored to our group's interests.



As I'm sure you are all aware, many of the pharmacy students, residents and pharmacists create posters for the ISHP meetings outlining projects or studies they've done to advance their practice. What you may not know is that ISHP welcomes posters from technicians as well! If you've participated in a project or have been studying something you think could be valuable to others, please share with your fellow ISHP technicians by submitting a poster.

Finally, I'd like to thank those of you who accepted nominations to the technician chair on the board of directors of ISHP. I am so excited to see so many of you taking active roles in our organization! Though only one nominee will be able to fill the role of technician chair, all technicians are welcome to continue to participate in future technician conversations. Additionally, all are welcome to participate in ISHP's Education Committee. If you are interested in the Education Committee please contact myself (echevarm@sarmc.org) or Brandon Griffith (griffitb@slhs.org) for more information.

Thanks again, and I look forward to seeing many of you in September!

Megan

Idaho Society of Health-System Pharmacists Presents

BROADENING OUR PHARMACY HORIZONS

2015 Annual Fall Conference



Conference Highlights

- Nationally-renown ID physician Dr. Eddie Stenehjem speaking on Antimicrobial Stewardship
- Collaborative Practice in Idaho – Roundtable with 3 experts from throughout the state
- 2 opportunities for Law CE credits
- Sterile Compounding CE from regional expert Rob Dengg
- Updates in Critical Care, Infectious Disease, New Medications, and Hemophilia
- Preceptor Development Workshop with over 7 topics to choose from

Dates: September 25th – 27th, 2015

Location: Sun Valley, Idaho



Non-CE Activities:

- Friday evening welcome reception
- Poster Competition Sessions throughout the weekend
- Residency Information & Preparedness Forum:
 - P1 & P2 Session
 - P3 & P4 Session

Conference Registration Coming Soon
Make hotel reservations today:

BY CLICKING THE LINK BELOW

<https://www.sunvalley.com/trip-planner/groups/ISHP>

Fall Conference Registration – NOW OPEN – Please visit the following link to register!

See you in Sun Valley!

<http://ishp.learningexpressce.com/>



And the winners are..... ISHP election results

ISHP would like to congratulate the following individuals for being selected as new officers to be inducted this fall in Sun Valley:

President-Elect:	Lindsay Kaster
Director of Legal and Public Affairs:	John Sullivan
Director of Professional Affairs:	Brian McCullough
Director of Education:	Eliza Borzadek
Technician Representative:	Leann Bolster



We would also like to acknowledge the following nominees for their willingness to run for ISHP office:

Elizabeth Thompson
Katie Erickson
Jennifer Quest
Kim Ziebold
Jessica McElroy



And other changes to the ISHP Board include:

Kevin Cleveland stepped down as our ISU College of Pharmacy representative and will be replaced by **Rebecca Hoover**

Jim Nuygen is the chair of the Information Technology committee (replaces **Rob Wills**)

Steve Crenshaw is the new northern Idaho Regional Representative (replaces **Michael Brandt**)

Ryan Fitzgerald is our new Executive Director (replaces **Teri Ottens**)

ISHP Set to Launch New CE System

ISHP has been listening!



This year ISHP will be launching a new system to help with conference registration, communication to ISHP members, CE evaluations and feedback and whole lot more. For those of you familiar with the electronic CE tools available from ASHP and other ACPE providers, *LearningExpress* is geared to allow this same type of timely CE turnaround and organization you've come to expect from major CE providers.

Gone are the days of students standing at the doors waiting to collect different colored eval forms from attendees. These forms would then have to be sorted and hand tabulated, with the eventual cross-matching with other CE by each attendee and then eventual upload to the NABP monitor. No wonder there was such a delay in getting the CE certificates back out to members.

ISHP is hoping that the purchase of *LearningExpress* will change all of this. Being one of the only providers of ACPE accredited CE in the state, ISHP is making a strong commitment to continuing their mission to provide quality education and services to the pharmacists of the state. The partnership with *LearningExpress* will help ensure the legacy of ISHP's work and help the organization provide value to its members and the pharmacy profession in Idaho.

Legal and Public Affairs Update

Track and Trace/Board of Pharmacy Rule Changes/Provider Status

John Sullivan

We have several topics to share related to Legal and Public Affairs. The first item is in regards to the **Drug Supply Chain Security Act (DSCSA)**. A piece of this legislation commonly known as “**Track and Trace**” came into effect on July 1, 2015. Pharmacies have until November 1st to come into compliance with a thank you to ASHP for requesting this grace period. The FDA has provided a guidance document:

<http://www.fda.gov/downloads/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/UCM453225.pdf>

The ASHP website also maintains information about the DSCSA:

<http://www.ashp.org/menu/PracticePolicy/ResourceCenters/DSCSA.aspx>

You will hear the term “the 3 T’s” which refers to the items that need to be documented. They include:

TI (Transaction information): Includes the name of the product, strength and dosage form; National Drug Code; container size; name and address of seller and purchaser; and other DSCSA-specified information.

TH (Transaction history): Paper or electronic statement that includes the transaction information for each prior transaction back to the manufacturer.

TS (Transaction statement): Paper or electronic attestation by the entity transferring ownership of the product that it is authorized under DSCSA; received the product from an authorized party; and other specified information.

All information must be kept for 6 years.

The second item to review is the **Board of Pharmacy proposed statute and rule changes** for the next Legislative session. All items are posted on the Board of Pharmacy website for a complete review and can be found within the “Idaho Code and Administrative Rules” tab. I recently sent out a communication to the Directors of Pharmacy across the State regarding the language around institutional pharmacy dispensing. Thank you for your responses, we were provided the opportunity to present your input to the Board during the last meeting.

Proposed statute change highlights:

- Grant access for a medical examiner or coroner to the controlled substance prescription database when information is required to perform their job duty.
- Allow Midwives, home health and hospice agencies to possess legend drugs pursuant to their course of business.
- Removal of Title 39, Health and Safety, Chapter 8, Contraceptives and Prophylactics.

Proposed rule changes highlights:

- 27.1.01.040 - Certified Pharmacy Technician Registration – Removal of the Institute for Certification of Pharmacy Technicians (ICPT) and addition of National Healthcare Association (NHA) to the list of certification agencies. Failure to maintain certification requirements may result in cancellation of the BOP registration.
- 27.01.01.239 – Compounding Drug Products – Addition of the following language “Product preparation of a non-sterile, non-hazardous drug according to the manufacturer’s FDA approved labeling” as an exemption to the compounding rules. The intent of this language is to allow for “compounding kits” that have recently entered the market place.
- 27.01.01.210 – Controlled Substance Storage – Controlled substances must be stored as follows:

01. Controlled substances listed in Schedule I shall be stored in a securely locked, substantially constructed cabinet
02. Controlled substances listed in Schedules II, III, IV, and V shall be stored in a securely locked, substantially constructed cabinet. However, pharmacies and institutional practitioners may disperse such substances throughout the stock of non-controlled substances in such a manner as to obstruct the theft or diversion of the controlled substances

- Definition language updates – hazardous drugs, reconstitution, USP 795 and 797, and the addition of ordering laboratory tests and interpreting under “Pharmaceutical Care Services”.
- 27.01.01.031 – Pharmacist Licensure by Examination: Foreign Pharmacy Graduates – There is an increase to the number of experiential hours from 1500 to 1740.
- 27.01.01.630 – Institutional Facility: General Standards for Administration and Control of Drugs and Devices – Addition of language allowing for institutional pharmacies to dispense to outpatients meeting specific criteria.

Lastly, I wanted to remind our membership to show your support for the provider status initiative. This can be accomplished through the ASHP website at the following address:

<http://www.cqrcengage.com/ashp/>

Once there click on the “Take Action” link and follow the steps to send a letter to our Senators and Representatives. Most legislators are home from Washington DC during the month of August and part of September. This is a great time to communicate the importance of this piece of legislation.

Thank you,

John

From the ISHP Office - Executive Director's Message

Ryan Fitzgerald

It is a great pleasure to introduce myself to the ISHP members and related associates. My name is Ryan Fitzgerald, and in early August I had the honor to be named your new Association Manager. Although I am new at the ISHP, I have had significant experience as an association executive over the last eighteen years.

I am a native Idahoan but had the opportunity to spend a number of years in our nation's capital. I got my start as a Capitol Hill staffer after completing my degree at Washington State University. As the political world turned, my government work shifted me into an opportunity to work for a large industry association that supported the advanced transportation industry. At this association, I worked as the Government Affairs Director and the Director of Public Information.

In 2002, my wife, Kit, and I decided that we were ready to head back West. In reviewing possible locations to settle, I was able to convince her that Boise was a great place to live, and I think she has been pretty happy with our decision. Since then our family has grown by two amazing kids.

Since my return to Boise I have had the chance to be involved in association management for much of that time. I am very much looking forward to bringing my skill set and background to assist the ISHP in its efforts to build and advance the association. The ISHP Board has made several changes over the last few months that are intended to slingshot the ISHP into this positive trajectory. As we take these steps forward, I stand ready to assist our members and industry representatives on issues that face you and your industry. I look forward to having the opportunity to meet you, in person, but please contact me if I can do anything to assist you in the near future.

It is a great pleasure to be a part of such an exceptional organization and I very much look forward to working with each of you.

Ryan



Idaho Pharmacists Place High at Ironman Canada!



July 26th, 2015 - Whistler, British Columbia

Pharmacists have a knack for taking on big challenges and Idaho Pharmacists are no different. **Paul Black, Garret Smith,** both pharmacists at the Boise VA, and **Rob Wills,** Clinical Pharmacy manager from St. Luke's took on the challenge of Ironman Canada held in Whistler, BC. For those of you not familiar with Ironman races, Boise has been a host to the half-IM races for a number of years starting with a 1.2 mile swim, 56 mile bike and finishing with a half-marathon. Ironman Canada is twice this distance at 2.4 mile swim, 112 mile bike and finishing with a full marathon, all needing to be completed by certain time checks or the athlete is removed from the course.

From the start of IM Canada it looked to be even a tougher day than what athletes would typically expect. There was a threat of thunderstorms and spectators and athletes alike were subject to downpours with temperatures in the 50's for much of the day. Many pro athletes and age groupers opted to pull out of the race due to these extremes.

Paul, Garret and Rob hung tough, however. Garret, who holds a PharmD and BCPS in his role as Information Systems Manager at the VA, finished all phases of the course with amazing times for a first time full Ironman competitor. Garret's end result was a 3rd place finish in his age group (time 9 hours 58 minutes total) and a top 25 placing overall which includes an automatic qualification for the world championships in Kona, Hawaii! Quite an accomplishment for this full time pharmacist part time athlete.

Paul's results were no less amazing. Paul was entering his second full ironman event having first tackled IM Coeur d'Alene two years ago. As the "veteran" of the team he came out ahead of Garret in the Swim and then held on to finish 18th in his age group! Quite an amazing day considering both Paul and Garret spoke of not being able to move their hands to get food during the bike ride due to the very cold temperatures. Rob reported that while on the bike he looked forward to the hills as he was able to warm up while climbing. He also noted that he had previously purchased "the last rain coat in Whistler" which helped him during the cycling phase. Please congratulate Paul, Garret and Rob on their accomplishment!

For those of you involved in similar "outside of pharmacy" activities, please let us know via email so that we can share with our ISHP members.

ISU College of Pharmacy Grads

Just for fun, take a look back at your graduation photo.

All College of Pharmacy graduates from 1938 to 2014 are on line at:

<https://pharmacy.isu.edu/alumni/classPictures>

(Man, we all sure looked a lot younger then)



It is time to think about nominating that special



Pharmacist and Pharmacy Technician for ISHP's annual recognition

And don't forget the **Fall Poster Competition**

Open to all including students, residents and pharmacists



IDAHO SOCIETY OF HEALTH-SYSTEM PHARMACISTS ANNUAL FALL MEETING

POSTER ABSTRACT FORM

TITLE:

PRIMARY AUTHOR:

ADDRESS:

TELEPHONE:

COAUTHORS:

CATEGORY: **TECHNICIAN** **STUDENT** **RESIDENT** **PHARMACIST**

TYPE OF PROJECT: **Evaluation study of completed original research**

Descriptive report of new, improved or innovative role/service

Research in progress

Abstract: Abstracts must be typed and are limited to 120 words. A single paragraph is preferred. Use complete sentences and avoid using an outline form. Include a statement on impact or expected impact on pharmacy practice.

For Research Abstracts:

- One-sentence statement of the study's specific purpose
- Brief statement of the methods
- A summary of the results obtained
- A statement of the conclusions

For Non-research Abstracts:

- One sentence statement of the objective or purpose of the poster
- A brief description of the key concept (e.g. role, service, initial problem, or situation)
- A summary of the procedures or administrative actions
- The results and an evaluation of it in terms of the original problem or situation

Complete the top portion of this form and attach it to your abstract (typed on a separate piece of paper). Please send to Josh Ingram, Professional Affairs Chair, (e-mail: jingram@vhboise.com, Phone – 208 489-9800 Fax – 208-489-9809) by **September 18, 2015**.

Please refer to the Poster Presentation Guidelines for detailed poster requirements. Please note that only wooden easels are provided. **Please print posters on, or bring backing to support your poster on the easel.**

**IDAHO SOCIETY OF HEALTH-SYSTEM PHARMACISTS
ANNUAL FALL MEETING – Sun Valley, Idaho – September 25-27, 2015**

POSTER PRESENTATION GUIDELINES

DESCRIPTION: A poster presentation is a visual display (on standard size poster board) of the author's research/project and gives them an opportunity to informally discuss their work with other meeting attendees. These presentations commonly include:

- *evaluative studies of completed original research, including new roles or services in pharmacy practice.*
- *descriptive reports of new, improved, or innovative roles or services in pharmacy practice.*
- *research-in-progress reports which permit the investigators to benefit from peer review before their research is completed.*

FORMAT: One author is expected to be available at their display throughout the Poster Session. Authors presenting a poster must provide the following components:

1. Abstract: Complete and return the attached "Abstract Form" and a typed copy of your abstract to the Chair of the Counsel for Professional Affairs by **September 18, 2015**.

2. Display: Authors **MUST** display their poster on a standard size poster board (3' x 4'). Poster boards are available from art supply stores for a nominal fee. Wooden easels **WILL BE PROVIDED** for all authors. **Please print your poster on, or bring your own poster board or backing for display on the wooden easels.** Authors are encouraged to use graphics to enhance or replace text whenever possible. The following information should be included in the abstract and displayed on the poster:

- Title, name (s) of the author (s), and their practice/project site.
- Statement of the project's hypothesis, purpose or objective.
- Brief description of the methods, procedures, or key concepts.
- Summary of the results obtained.
- Statement of the conclusions.
- Impact, if any, on current or future pharmacy practice.

3. Printed Handout: Handouts are optional, but strongly encouraged.

Awards are given to the top three (3) posters in each of the student/ resident, technician, and pharmacist categories.

Please scroll on down for the Pharmacist and Technician of the Year Nomination form



Electronic copies of these forms may be obtained by contacting Ryan Fitzgerald at the ISHP office at:

ishpmail@gmail.com



Idaho Society of Health-System Pharmacists

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 Web: www.ishp.shuttlepod.org • Email: ishpmail@gmail.com

THE MISSION OF ISHP IS TO PROMOTE THE HIGHEST LEVELS OF PHARMACY PRACTICE BY OUR MEMBERS

ISHP Awards Nominations Form 2015- Due September 12, 2015

Please Check One Category

	Pharmacist of the Year	Technician of the Year
Nominee's Name and Title:		
Workplace and Address:		
Home Address:		
Education History:		
Employment History:		
Professional Memberships (include offices held & honors received):		
Other Organizations & Community Service:		
Supporting Comments: (Use back or separate page if necessary)		
OPTIONAL – YOU MAY ALSO INCLUDE OTHER SUPPORTING DOCUMENTS & TESTIMONIALS.		
Submitted by (name, phone, email):		
Mail, fax, or email this form to:	ISHP, PO Box 7625, Boise, ID 83707, Fax – 208-489-9809, or email to jingram@vhboise.com	